

Toiletries

body soap / body wash
comb
contact lens case
contact lens solution
copy of generic prescriptions
cotton swabs
dental floss
deodorant
eyeglass case
eyeglass retainer
face soap
garbage bag
hair brush
hair conditioner
hair shampoo
hand lotion
hat clips / retainers
laundry detergent
lip balm
panty shields
stain remover
tampons
tissues
toilet seat protectors
toothbrush
toothpaste
vitamins

First Aid/Illness/Discomfort

antibiotics
anti-diahrrea medication
antihistamine
antiseptic ointment
artificial tears
athlete's foot cream
bandages
cotton balls
cough drops
cough syrup
decongestant
hemorrhoidal cream
hydrocortisone cream
hydrogen peroxide
insect repellent
laxative
monistat
muscle pain relief
pain reliever/fever reducer
papaya enzyme
petroleum jelly
rubbing alcohol
sore throat spray
sunblock

3-1-1 Bag

body wash
deodorant
hair shampoo
hand lotion
lip balm
saline nasal spray
toothpaste + toothbrush

Accessible in Transit

Overnight: pillow
Sea: seasickness prevention
Foreign: passports + copies
Outdoors: sunglasses

hand sanitizer towelettes
handicap tag
medical devices
medical records
pain reliever/fever reducer
prescription medications
travel bib

In Checked Baggage

baby powder
bottle opener
corkscrew
dental pick
eyeglass repair kit
fingernail scissors
multi-tool
nail clippers
pocket knife
razor
safety pins
sewing kits
S-hooks
tweezers

+

All Liquids, Gels, Creams
NOT already in 3-1-1 bag

Kitchen Basics

aluminum foil
cleanser
dish towel
dish wash cloth
dish washing liquid
dishwasher detergent
flashlight and batteries
flexible cutting board
garbage bags
liquid hand soap
napkins
paper towels
pepper
pot holder
salt
scouring pads (non-scratch)
self-sealing plastic storage bags
sponge
table cloth

Bath/Bed

bath towel
blankets: electric
face cloth/mitt
floor towel
pillowcases
pillows
sheets
toilet paper

Kitchen and Picnic Extras

all-purpose soap
baking soda
beach umbrella
bottle neck ring
candles
champagne corker
chip clips
coffee
coffee maker
crab mallets
crab picker
crab seasoning
insulated pitchers
ladle
matches
microwave oven
microwaveable egg cups
nitrogen wine storage spray
nutcrackers
plastic cups
plastic plates
portable picnic table
rubber spatula
sauté pan
spice container(s)
tea
utensils (knives, forks, spoons)
wash cloth
wine glasses
wooden spoon
yogurt cups and lids

MyGoz2



Travels

Downloadable Packing List

<http://mygoz2.com/>

Travel_Tips/Packing/
TravelPacking.html